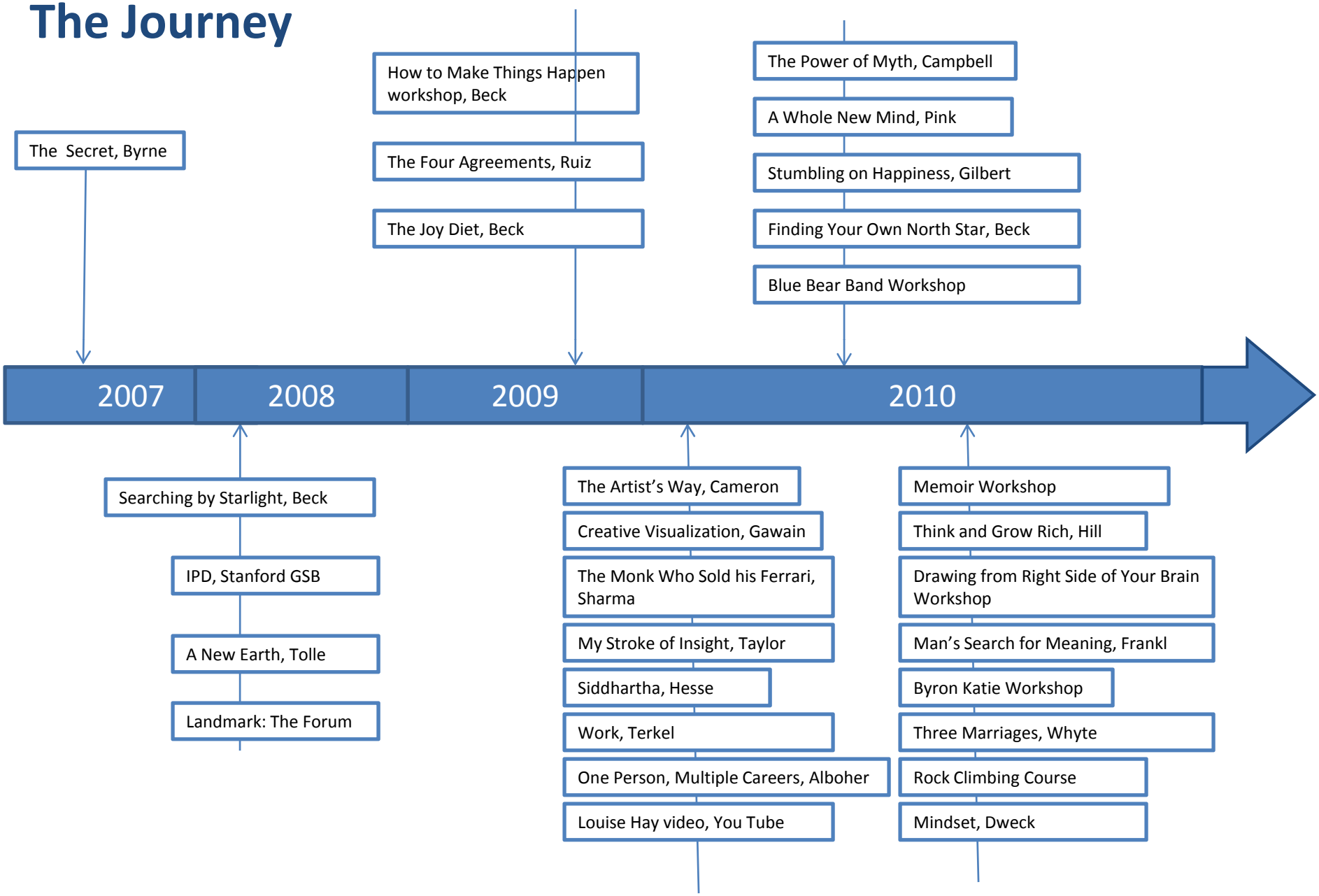
The Journey


The Secret, Byrne
How to Make Things Happen workshop, Beck
The Four Agreements, Ruiz
The Joy Diet, Beck
The Power of Myth, Campbell
A Whole New Mind, Pink
Stumbling on Happiness, Gilbert
Finding Your Own North Star, Beck
Blue Bear Band Workshop
2007
2008
2009
2010
Searching by Starlight, Beck
IPD, Stanford GSB
A New Earth, Tolle
Landmark: The Forum
The Artist's Way, Cameron
Creative Visualization, Gawain
The Monk Who Sold his Ferrari, Sharma
My Stroke of Insight, Taylor
Siddhartha, Hesse
Work, Terkel
One Person, Multiple Careers, Alboher
Louise Hay video, You Tube
Memoir Workshop
Think and Grow Rich, Hill
Drawing from Right Side of Your Brain Workshop
Man's Search for Meaning, Frankl
Byron Katie Workshop
Three Marriages, Whyte
Rock Climbing Course
Mindset, Dweck